

Sandwich High School Science Department Presents:

# Turkey Trot for Technology

## 5K & 1 Mile Walk/Run



**November 15, 2014**

**at**

**James Knights Park**

**1001 N. Latham Street**

**Sandwich, IL**

- Check in: 8:00-8:50 a.m
- Start Time: 9 a.m.
- Flat, fast course with age group awards for 5K
- Drawing for prizes for all registered participants and awards ceremony to follow race at 10 a.m.
- All participants receive a T-shirt\*, water & fruit

**\*IF REGISTERED BY: October 29<sup>th</sup>**, Registration forms received after October 29<sup>th</sup> will receive t-shirts on a first come, first serve basis.

More information can be found online at: **sandwich430.org** OR sign up online at **signmeup.com/101427**

Send completed registration form to:

Sandwich High School C/O Science Department Chair

515 Lions Road

Sandwich, IL 60548

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Gender: Male Female

Shirt Sizes Adult: S M L XL XXL (additional \$2.00)

Youth: S M L

**Registration Fee:**

\$25 for 5K

\$80 family rate for 5k/1 mi (up to 4 family members)

\$20 for 1 mile run/walk

- Make checks payable to Sandwich High School

**RELEASE**

I do hereby absolve all race sponsors, volunteers, race officials, and organizers from all claims of damages, demands, actions, and courses of action, in any manner arising or growing out of my participation in the SHS Turkey Trot 5K Race & 1 Mile Fun Run. I certify that I have prepared myself and that I am in adequate physical condition to participate in the event I have entered on November 15, 2014.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature (If under 18): \_\_\_\_\_ Date: \_\_\_\_\_

*This release must be signed by all participants and/or by the parent or guardian if participant is under 18.*

Email [bvolpp@kidsroe.org](mailto:bvolpp@kidsroe.org) for more information or contact SHS Science Department Chair at (815) 786-2157