

FAMILY & CONSUMER SCIENCES

FOODS AND NUTRITION I, II, and III

- Safety and Sanitation
- Nutrition and Health
- Social/Cultural Aspects
- Consumer Skills
- Meal Management
- Food Preparation Skills
- Food Science and Technology
- Career Options

PARENTING

- Balancing Work and Family Life
- Character Development
- Communication
- Emotional Development
- Families
- Growth and Development
- Guiding Children
- Health and Safety
- Intellectual and Brain Development
- Leadership as a Parent
- Physical Care and Development
- Problem Solving and Decision Making
- Resources for Parents
- Skills for Parenting
- Social Development
- Society and Parenting
- Technology and Parenting

FAMILY LIVING

- Communication Skills
- Coping with Challenges
- Decision Making/Problem Solving
- Family Strength
- Handling Responsibility
- Health and Wellness
- Management Skills
- Relationship Skills
- Sources of Help
- Values and Goals

CHILD DEVELOPMENT CLASS

- Communication
- Human Relations
- Decision Making and Problem Solving
- Critical Thinking
- Parenting and Caregiving
- Leadership and Citizenship

CLOTHING I, II, III

- Understanding color, line and design
- Operation of a sewing machine
- Safety
- Clothing construction
- Fashion History
- Clothing maintenance
- Career exploration
- Work Habits
- Textiles
- Trends