

Lunch \$2.50
 Extra Milk 60¢
 Lunch includes the
 daily
 entrée, fruit /veggies,

SEPTEMBER 2010

SANDWICH SCHOOL DISTRICT 430

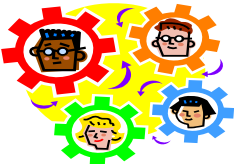
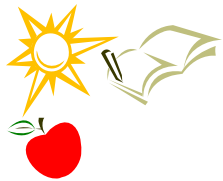
HIGH SCHOOL - LUNCH MENU



We're thinking green, are you ?

Available Daily:

Pizza Selection
 Chicken
 Sandwich
 Cheeseburger
 Fresh Salads
 Daily Special
 (see menu)
 Rotating Food Bar
 Made to Order
 Deli Sandwiches

Monday	Tuesday	Wednesday	Thursday	Friday
		1 SPAGHETTI w/Meat Sauce & Garlic Bread SEASONED GREEN BEANS CHILLED APPLESAUCE	2 CHICKEN SANDWICH SLICED CARROTS 100% FRUIT JUICE PUNCH	3 PIZZA DIPPERS w/Red Sauce GARDEN PEAS FRESH APPLE WEDGES
6  LABOR DAY	7 MINI CORN DOGS WHOLE GRAIN ROLL SEASONED GREEN BEANS DICED PEACHES CHOCOLATE PUDDING	8 BEEF TACO PIE w/Shredded Cheese & Salsa SHREDDED LETTUCE CHILLED APPLESAUCE	9 PIZZA BURGERS FRESH BABY CARROTS w/Dressing 100% APPLE/CHERRY JUICE	10 <i>NO SCHOOL</i>
13 *FRENCH TOAST STICKS w/Syrup & Ham Slice FRESH ORANGE WEDGES CHILLED APPLESAUCE	14 CHICKEN FAJITA w/Shredded Cheese & Salsa SHREDDED LETTUCE SLICED CARROTS	15 NACHO CHEESE HOT DOG SEASONED GREEN BEANS DICED PEACHES CHOCOLATE CHIP COOKIE	16 BBQ BEEF SANDWICH POTATO WEDGES FRESH ORANGE WEDGES	17 UNO'S CHEESE PIZZA GARDEN SALAD w/Dressing WHOLE KERNEL CORN
20 CHICKEN NUGGETS w/Breadsticks *BAKED BEANS DICED PEACHES	21 TOASTED CHEESE SANDWICH TOMATO SOUP SWEET PEARS	22 BEEF & CHEESE BURRITO w/Shredded Cheese & Salsa SHREDDED LETTUCE MEXICAN CORN	23 MEATBALL BOMBER w/Red Sauce & Mozzarella Cheese SEASONED GREEN BEANS CHILLED APPLESAUCE	24 PIZZA DIPPERS w/Red Sauce GARDEN PEAS FRESH ORANGE WEDGES
27 SALISBURY STEAK w/Gravy WHIPPED POTATOES FRESH APPLE SLICES	28 MINI CORN DOGS w/Whole Grain Roll POTATO WEDGES 100% FRUIT JUICE PUNCH SMART COOKIES	29 BBQ CHICKEN SANDWICH SLICED CARROTS SWEET PEARS	30 NACHO SUPREME w/Taco Meat & Shredded Cheese SHREDDED LETTUCE WHOLE KERNEL CORN	

Milk Variety Served Daily

** Please Note **

* Contains Pork

Menu changes may be necessary. Notice will be given when possible.

Questions about
 the menu?
 Call 815-786-8881

A comprehensive
 Nutrition &
 Allergy Guide is
 available in the
 Food Service
 Office.