

Sandwich High School  
515 E. Lions Rd.  
Sandwich, Il 60548  
(815) 786-2157  
Fax (815) 786-2632 or (815) 786-3179

Home of the Indians  
School Colors: Orange and Black  
Superintendent: Mr. Rick Schmitt  
Principal: Mr. Mitch Nystedt  
Athletic Director: Mr. Kris Cassie  
Asst. Principal: Mr. Michael Herzog  
Dean of Students: Mr. Lon Gerrish  
[millers@kidsroe.org](mailto:millers@kidsroe.org)  
Athletic Secretary- Rose Johnson

### Sandwich Boys/Girls Cross Country

Head Coach: Jeff Smith  
Asst Coach: Jamie Duvick  
Asst Coach: Walt Farley

#### Boys

Senior	Chris Biernacki
Sophomore	Daniel Cortez
Junior	Brian Franco
Senior	Joe Gaesser
Sophomore	Karter Hothan
Junior	Joe Kimmey
Senior	Matt Lundeen
Sophomore	Jack Lutkus
Senior	Robert Manley
Sophomore	Scott Marisette
Junior	Brian Moran
Junior	Robby Paul
Junior	Carlton Pendry
Junior	Nick Rudd
Junior	Clint Updike
Senior	Dylan Woodraska

#### Girls

Freshman	Emma Belmore
Senior	Taylor Ciceraro
Sophomore	Santana Clark
Sophomore	Breanna Dallen
Junior	Victoria DeFily
Freshman	Rose DeFily
Senior	Melissa Emma
Sophomore	Nicole Fraser
Sophomore	Skye Jones
Freshman	Aubrey Kelson
Senior	Kassie Knur
Senior	Rebecca Latham
Junior	Shelby Lauzon
Junior	Delaney McGuire
Senior	Brianna Miller
Senior	Megan Olson
Senior	Gail Rogers
Freshman	Briseydi Velasco

Managers: Senior: Julie Brubaker  
Senior: Brittney Voelkel