

Basketball Guidelines

1. Dress code for game day
 - HOME
 - a. Dress like a team (show we are unified)

 - AWAY
 - a. Dress pants (No jeans or jean colors)
 - b. Dress top (No T-shirts)
 - c. Dress shoes (No gym shoes)
 - d. Dress with class

2. Dress for games
 - a. Team uniform- bring both to every game just incase.
 - b. If you wear a T- shirt under jersey make sure it is same color as the jersey we are wearing that day.
 - c. Shoes (black, white, orange), socks (no knee highs), and no jewelry
 - d. You are in charge of your uniform so wash it after every game
 - e. Head bands-everyone's needs to be the same color (white, black, beige, or color of jersey). It can not be around the neck.
 - f. No pins in hair

3. Bus conduct
 - a. Lower levels sit in front
 - b. Talk quietly (Coaches shouldn't be able to hear your conversation)
 - c. No cell phones are to be used until given permission (including texting)
 - d. After game coaches will decide on the conduct
 - e. We will travel as a team to and from games
 - f. Bus leaves on time, Be at the school 15 minute before bus leaves
 - g. Players get materials for bus, water, medical, ect
 - h. Clean the bus every time we depart

4. Game Time - Varsity players need to be in the gym by the start of the sophomore game. Players will sit together, if possible behind the bench. All levels are to be at home games to watch and cheer each other on.

5. Practice
 - a. Practice jersey must be worn and tucked in.
 - b. Practice starts at time said. You need to be stretched and ready to go by practice time
 - c. No jewelry
 - d. Must have basketball shorts (longer shorts)
 - e. When arriving or leaving practice your arms and legs need to be covered.

6. Grades are important. Anyone with a D or an F may be required to meet with a teacher at sometime. If we cannot rely on you off the court it will be hard to do so on it.
7. You will bring proper attitudes to practice and games. We need to be focused and ready for success.
8. NO SWEARING or use of poor language of any kind allowed!!!!
9. No talking back to a coach, ref, fan, parent, opponent, teammate, or teacher. You will be disciplined. All players are to respect the instructions given to them by any basketball coach regardless of the level.
10. Coach Malloy has the right to update rules as he sees will best benefit the team. This may occur at any time. Everyone will be given sufficient notice if there are changes.