

# Sandwich SHS High School

515 East Lions Rd.  
Sandwich, IL 60548  
815-786-2157  
Fax 815-786-2632  
[www.sandwich430.org](http://www.sandwich430.org)

January 6, 2012

Dear Parents, Guardians, and Students:

As the New Year begins, the administration and faculty hope that you and your child set some academic goals for the New Year. One goal we encourage our students to strive for is 3.6. This is a grade point average to achieve throughout high school. Students who achieve 3.6 for the entire year are rewarded an academic letter. This is a great goal for students to strive for at school.

As January begins, illness and doctor's appointments tend to increase. If your child is sick or has an appointment, please call the school as early as possible to report the absence. By calling early, we are also able to get a pass to your child so that they may be on time for you and it reduces the disruption in the classroom. Also, please remember to bring in a note from the doctor or dentist so that the absence will not count against the seven excused absences allowed for the school year.

Your student will soon be bringing home materials for class selection for the 2012-2013 school year. Please review the courses that your student wishes to select. In an effort to assist students and parents we will be having course selection nights. This evening is intended to give you and your student a time to sit down and discuss their educational future and have school faculty members on hand to answer questions about courses. The faculty will also be able to assist in selecting the best courses for future educational needs. Please check out the counselor information in this newsletter for more information.

State testing preparation will begin after the start of the new semester. Please look for more information on the website in the near future. State testing gives the school one tool to measure the academic progress of our students.

It is amazing to see the community turn out for athletic and fine arts events. The gym and cafeteria have had many fans attending our home events. The participants appreciate your support. We hope that you enjoy the upcoming events. A calendar for these events is available at [www.sandwich430.org](http://www.sandwich430.org) under calendars.

Sincerely,

*Mitch Nystedt*

Mitch Nystedt  
Principal

## Upcoming Dates

### January 13

End of 2nd Quarter

### January 26, 6:30 pm

Next Year Course Selection Night for students currently attending SHS

### January 24, 7:30 pm

PSAE Night (Juniors and their parents)

### January 26, 6:30 pm

Freshmen Curriculum Night

## Yearbook News

If you have yet to purchase your yearbook for the 2011-2012 school year, send \$40 to the athletic office! Look for a reminder postcard in the mail for those students not receiving a yearbook.

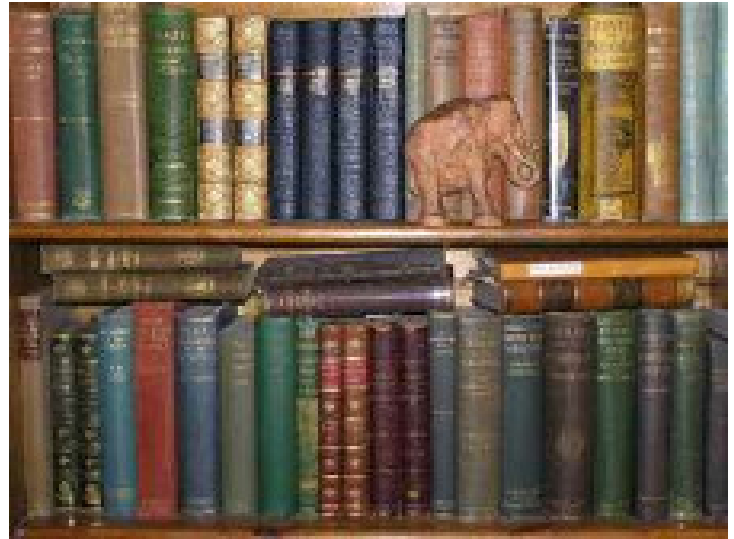
### SENIORS PARENTS:

Watch the mail for a flyer to purchase a senior ad in the yearbook for your graduating senior. Prices start at \$40 and the ads are a great way to congratulate your senior with a few words of encouragement. Additional forms will also be available in the office.

## Library News

It's not too late to sign up for the Abraham Lincoln Award program. Read four books from a list of 2012 nominees and be eligible to win prizes during the month of February, as well as attend our voting party after school on February 28th. List of nominees:

After, by Amy Efaw  
Beastly, by Alex Flinn  
Before I Die, by Jenny Downham  
Carter Finally Gets It, by Brent Crawford  
Columbine, by Dave Cullen  
The Compound, by S. A. Bodeen  
Flash Burnout, by L.K. Madigan  
Ghosts of War, by Ryan Smithson  
Going Bovine, by Libba Bray  
How to Build a House, by Dana Reinhardt  
If I Stay, by Gayle Forman  
The Looking Glass Wars, by Frank Beddor  
Love is the Higher Law, by David Levithan  
The Maze Runner, by James Dashner  
Mexican Whiteboy, by Matt de la Pena  
Reality Check, by Peter Abrahams  
Shiver, by Maggie Stiefvater  
Story of a Girl, Sara Zarr  
Tweak: Growing Up on Methamphetamines, by Nic Sheff  
Why I Fight, by J. Adams Oaks  
Wish You Were Dead, by Todd Strasser  
World War Z, by Matt Brooks



# **DRESSES WANTED!**

The Sandwich High School Post Prom Committee is asking for dresses to sell at their 6th Annual Prom Dress Sale. This year's sale features extended days and hours of operation for more opportunities to sell your dresses! The sale includes gently used prom, homecoming, and graduation dresses as well as accessories such as shoes, purses, and jewelry. Bridesmaid's dresses and those worn to other recent special events are welcome, too.

The committee will be accepting items for the sale Sunday, January 29 from 12:00 pm to 4:00 pm; and Monday, January 30th through Wednesday, February 1st from 5:00 - 8:00 pm. All items must be in good, recently cleaned condition with no stains, tears, or missing items. Items should have been worn to an event within the past four years and the group has the right to refuse any item not in acceptable condition.

The sale is similar to a consignment contract. Sellers pay a \$5 (per dress) non-refundable handling fee due at drop-off. Each seller sets their price on each dress. 70% of the selling price goes to the seller and the committee keeps the remaining 30%. Each dress-owner should be prepared to share the dress's history so we know the owner and when/where they attended prom (or other function). Dresses that do not sell can be picked up after the sale (February 12th and 13th) or donated to girls who may not be able to afford a new dress for their prom.

In past years we've seen dresses from multiple suburbs near the city and as far south as Streator. We had over 400 dresses last year, and hope to see as many this year. Funds raised at this sale will be used to insure a safe Post-Prom for those attending this year's prom.

For more information contact Jennifer Johnson (815)-712-0163

Details:

**Where:** Timber Creek Best Western, 3300 Drew Avenue at Rt 34, Sandwich

## **Consignments Accepted:**

Sunday, January 29th, 2012 from 12 pm to 4 pm

Monday-Wednesday, January 30th thru February 1st, from 5 pm to 8 pm

## **Sale Days/Times:**

Friday, February 3rd, 4-9 pm

Saturday, February 4th, 9 am-5 pm

Sunday, February 5th from 11 am - 4 pm

Monday – Friday, February 6th – 10th, 5 pm-8 pm

Saturday, February 11th, 9 am-2 pm.

## **Unsold Item Pickup:**

Sunday, February 12th, 11- 4pm

Monday, February 13th, 4 - 8 pm



# Counselors' Corner

## Contact the Counselors

Email or call us with your questions and concerns!

815-786-2157

Ms. Cobb, L-Z – [jcobb@kidsroe.org](mailto:jcobb@kidsroe.org)

Ms. Martin, A-K – [vmartin@kidsroe.org](mailto:vmartin@kidsroe.org)

### Counselor Contact:

The most efficient way to contact the counselors is via email (please see above for email addresses).

Please allow at least 24-hours for a response to either an email or phone message.

### 2012-2013 School Year Course Selection is starting

Ms. Cobb and Ms. Martin are scheduled to visit English and American History classes on January 16<sup>th</sup>, 17<sup>th</sup>, and 18<sup>th</sup> to present about course selection for the 2012- 2013 school year. Information on SHS course offerings, IVVC and Agriculture classes will be provided to all students.

Each student will meet individually with his/her counselor before the end of 2<sup>nd</sup> semester to discuss course selection, credits, and progress towards graduation. All students should complete their course selection forms prior to meeting with the counselor. **Students must list alternate electives in case courses they choose are not offered. If alternate electives are not selected, the counselors will choose an appropriate course, if necessary.**

### Waubonsee Scholarship Brochure

**Seniors**, remember to finish your application for Waubonsee's scholarships. There's only one form to fill out for all the scholarships they offer.

Remember to have someone look over your form for errors before you turn it in. The completed scholarship application must be turned in to the Financial Aid Office at the

**Waubonsee Sugar Grove** campus by

Thursday, February 2<sup>nd</sup>.

### January College Visits:

None currently scheduled, but listen to the 4<sup>th</sup> hour announcements for upcoming information.

Juniors and seniors – schedule a College Visit Day to go tour a college or university of your choice. Just make sure you pick up a College Visit Day form in Guidance so you don't end up with an unexcused absence.

### Upcoming Guidance Events:

**Course Selection Open House** - Parents and students in grades 9-11 are invited to attend and ask questions about choosing courses for next school year.

January 24<sup>th</sup> 6:30-8:00pm

**PSAE Night** - Information about the Prairie State Achievement Examination required for graduation:

Tuesday, January 24<sup>th</sup> at 7:30pm.

**Incoming Freshmen Curriculum Night** - An opportunity for incoming freshmen and their parents to meet the teachers and learn about the expectations of being a high school student:

Thursday, January 26<sup>th</sup> 6:30-8:30pm

**Financial Aid Night** - Guest speakers will be present to explain the ins and outs of the college financial aid

Tuesday, January 31 at 6:30pm

**FAFSA Night** – Guest speakers from the Illinois Student Assistance Commission will be present to assist students/parents with completing the FAFSA

Thursday, February 9 at 6:30pm

\*\*All of these events are excellent opportunities for communication with the counselors because otherwise they may be unavailable due a high volume of spring semester meetings.

### Waubonsee Community College

#### Gustafson Scholarship.

If you were notified by your Counselor that you are eligible to apply for the Gustafson Scholarship the **forms are due in Guidance by Wednesday, January 25th!** Remember to have someone read your application before you hand in your application. The Gustafson Review Panel will review applications and Guidance will notify the 4 students who will be moving forward with the Gustafson interview process.

# ILLINOIS STATE SCHOLARS

SHS is please to announce 16 seniors were awarded the distinction of being an Illinois State Scholar. The prestigious award, given annually by the Illinois Student Assistance Commission (ISAC), recognized 17,515 high school students from across the state as this year's State Scholars. Illinois State Scholar winners rank in the top ten percent of high school seniors from 773 different high schools across the state. Selection is based on SAT, ACT and/or Prairie State Achievement Exam scores, and/or class rank at the end of the junior year. High school guidance counselors work in conjunction with ISAC to determine the winners.

"Illinois State Scholars represent the best in educational excellence in Illinois," said John Sinsheimer, ISAC Interim Executive Director. "The Commission applauds their success and salutes their families and the teachers at Sandwich High School on this achievement." While the prestigious recognition does not include a monetary award, recipients are encouraged to cite the honor on applications for college admission and scholarships in addition to completing the Free Application for Federal Student Aid (FAFSA) after January 1 to determine eligibility for federal and state aid, including Illinois' \$420 million need-based Monetary Award Program (MAP). "Each of the 16 Sandwich High School students should take pride in their accomplishment and what it says about their commitment to academic attainment," Sinsheimer concluded.

Originally formed as the Illinois State Scholarship Commission in 1957, the Illinois Student Assistance Commission provides students of all ages and backgrounds with the resources and support to obtain financial aid for higher education. A state agency, ISAC has paved the path to post-secondary education with innovative programs for over 50 years. In academic year 2010, the commission helped make college accessible and affordable for Illinois students by administering over 199,000 grants and scholarships totaling over \$429 million. More than a half million Illinois State Scholars have been recognized by ISAC since the program's inception. The Commission provides educational funding via numerous programs such as the Monetary Award Program (MAP), the Illinois Veteran Grant Program and various other grant, scholarship, loan repayment and prepaid tuition programs. Students and families have free access to a wealth of financial aid and college planning information at ISAC's family of websites available at [www.collegeillinois.org](http://www.collegeillinois.org).



Diana Alfaro  
Beth Darby  
Michele Dobbs  
Alexander Ferrell  
Christopher Goodin  
Brittany Ingold  
Kaylin Laslo  
Pamela Launius  
Damaris Lindner  
Kelly Moffett  
Morgan Murphy  
Jacquelyn Pfaff  
William Prothman  
Tyler Reese  
Sean Smith  
Hannah Stein

# **IMPORTANT IMMUNIZATION UPDATE**

## **To all parents of 6th Graders for 2012/2013 school year!!!**

The Illinois Department of Public Health has changed the Child Health Examination Code regarding the Diphtheria, Pertussis, Tetanus requirement. Any child entering sixth grade shall show proof (see Section 665.250 (b) of receiving one dose of Tdap (defined as tetanus, diphtheria, acellular pertussis) vaccine regardless of the interval since the last DTaP, DT or Td dose. Boostrix and Adacel are brand names for Tdap. The Tdap can be obtained during your child's 6th grade physical exam.

## **To all parents of 7th - 12th Graders for the 2012/2013 school year!!**

The Illinois Department of Public Health now requires that any child entering grades seven through twelve for the 2012/2013 school year who have not already received Tdap are required to receive one Tdap dose regardless of the interval since the last DTaP, DT or Td dose. Boostrix and Adacel are brand names for Tdap. Students not showing proof of the Tdap requirement are subject to exclusion from school.

## **Recommendation!**

The Illinois Department of Public Health also highly recommends that the child receive a second dose of the Varicella (chickenpox) vaccine. Requirement for a second Varicella dose is being discussed in Springfield and may become law in the near future. In addition to getting their health exams at 6th and 9th grades, the Illinois Department of Public Health highly recommends that they also receive the Meningitis vaccine, Hepatitis A vaccine and the HPV vaccine.

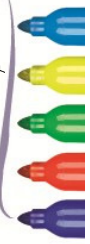


# JANUARY 2012

## Sandwich School District #430 High School – Lunch Menu

### Carbohydrate Counts

Lunch \$2.60  
 Reduced price  
 Lunch 40¢  
 Milk 60¢



**Specialty Bar**  
 Monday: Hot Dog Bar  
 Tuesday: Pasta Bar  
 Wednesday: Potato Bar  
 Thursday: Nacho/Taco Bar  
 Friday: Specialty Bar

**Offered Daily:**

Fresh Salads & Wraps  
 Made To Order  
 Deli Sandwiches  
 & MORE!

**Questions about the menu?**  
 Call  
**815-786-8881**

A comprehensive  
**Nutrition & Allergy  
 Guide is available  
 in the Food Service  
 Office.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 White Milk 11G            Chocolate Milk 24G            Strawberry Milk 22G</p>	<p>3 Toasted Cheese Sandwich-28G            Tomato Soup-19G            Diced Pears-14G</p>	<p>4 National Spaghetti Day            Spaghetti w/Meat Sauce-35G            &amp; Garlic Bread-21G            Tossed Garden Salad            w/dressing-4G            Diced Peaches-17G</p>	<p>5 Chicken Nuggets-14G            Whole Grain Roll-20G            Whipped Potatoes-13G            Steamed Carrots-8G</p>	<p>6 Uno's Pizza-34G            Green Beans-4G            Chilled Applesauce-11G</p>
<p>9 French Toast Sticks-27G            w/Syrup-19G            &amp; Egg Patty-11G            Potato Rounds-19G            Fresh Orange Smiles-11G</p>	<p>10 Jumbo Corn Dog-27G            Whole grain roll-20G            Garden Peas-10G            Chilled Applesauce-11G</p>	<p>11 Chicken Parmesan Sandwich-44G            Golden Corn-16G            Mixed Fruit-14G</p>	<p>12 Sloppy Joe on a Bun-30G            Seasoned Green Beans-4G            Diced Pears-14G</p>	<p>13 Pizza Dippers-32G            w/Marinara Sauce-7G            Tossed Garden Salad            w/dressing-4G            Glazed Carrots-14G</p>
<p>16 Nachos Supreme-42G            w/taco meat            &amp; shredded cheese            Shredded Lettuce-1G            Golden Corn-16G</p>	<p>17 Meatball Sub-38G            w/red sauce and mozzarella            Tossed Garden Salad            w/dressing-4G            Strawberry Waffle Grahams-18G            Chilled Applesauce 23G</p>	<p>18 Breaded *Pork Sandwich-40            Mashed Potatoes-13G            Fruited Gelatin-17G</p>	<p>19 National Popcorn Day            Popcorn Chicken-14G            Golden Corn-16G            Popping Good Oranges-11G            Popcorn-3G</p>	<p>20 Cheese Lovers Day            Stuffed Crust Cheese            Pizza-52G            *Baked Beans 22G            Merry Cherry Juice-14G</p>
<p>23 Chicken Fingers-10G            w/Whole Grain Roll-20G            Steamed Carrots-8G            Twisted Melon Juice-14G</p>	<p>24 Toasted Cheese Sandwich-28G            Whole Grain Roll-20G            Tomato Soup-19G            Diced Pears-14G</p>	<p>25 French Toast Sticks-27G            w/syrup-19G &amp; Egg Patty-11G            Chilled Applesauce-23G            Fresh Orange Smiles-11G</p>	<p>26 BBQ *Rib Sandwich-37G            Mashed Potatoes-13G            w/gravy-3G            Diced Peaches-17G</p>	<p>27 Uno's Pizza-34G            Seasoned Green Beans-4G            Fresh Sliced Apple -11G</p>
<p>30 Toasted Cheese Sandwich-28G            Tomato Soup-19G            Diced Pears-14G</p>	<p>31 Nachos Supreme-42G            w/taco meat &amp; shredded            cheese            Shredded Lettuce-1G            Golden Corn-16G</p>	<p><b>NOTICE:</b> The data contained on this menu should not be used &amp; does not provide menu planning for a child with a medical condition or food allergy. Ingredients &amp; menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.</p>		

**PLEASE NOTE**

Menu changes may be necessary. Notice will be given when possible.  
 \*Contains pork 1% and fat free milk served daily.

