

Date: Aug, 2011

Dear Parents/Guardians:

I want to welcome you to the 2011 season of cross country. My name is Mr. Polera and I am the head coach. We are looking forward to a great season with your student.

Attached you will find the rules that we follow for the season. If at any time you have an issue that you would like to discuss, please do not hesitate to contact me at 815 786 2138. I am available from 10:30am to 11:45am or after practice each day. You may also contact me via email at jpolera@kidsroe.org to set up an arranged special time to meet and confer.

Attached, please find a copy of our game schedule and tentative practice schedule. Please know that at times, we may need to adjust our practice schedule to a different time; or for a longer period. For the most part, I will make every effort to end practice by 4:30pm each day.

I would ask that all necessary forms/waivers, insurance, athletic fees, etc. have been submitted prior to our first practice.

Please know in order for your student to leave from an away extra-curricular event; they must be signed out on the day of the event only by their parent or legal guardian. A sign out form will be provided by the coaching staff. Otherwise, the student will be expected to be transported back to school on the bus after the event.

The Sandwich School District does not allow students to ride with another person; or allow a note to be used to inform the coaching staff that the student is leaving the event with someone else. Per policy, in addition to the aforementioned, I will continue to have my own transportation procedures regarding travel, including but not limited to, asking for an athlete to ride to and from an event as a team.

Finally, **academics** are our number one focus. Your continued support and encouragement of your student being the best student athlete they can be is greatly appreciated.

Feel free to review the District's athletic handbook located on our website at www.sandwich430.org. Once again welcome to the season. If at any time you have a concern or suggestion, please contact me. I appreciate your input.

Coach Polera